## CREW/SPECTATOR INFORMATION

Support crews/Spectators are most welcome at the Scenic Rim Ultra Marathon. We love support crews – especially those that dress up and cheer loudly! The more people and the more enthusiastic you are the better the atmosphere for the runners. To keep the event manageable as well as fair and safe for all runners, and to make sure support crews do not get lost, there is some information support crews need to know.

Support crews are in for a real treat. This is a spectacular course and you will see some amazing parts of the Scenic Rim. Please bear in mind that there may be lots of support crew vehicles driving and parking on narrow roads. Please keep your speed down and lights on and be careful entering and existing parking areas. There is absolutely no need to speed to see your runner at the next aid station. You will have plenty of time.

Mobile phone coverage on the course is good.

Crews must wait to assist their runners until after the official check-in and medical evaluation (if required)

Crews must stay within 200m of the checkpoint while attending to their runners.

Crews must never park in such a way to block traffic, access to the trail, checkpoint or by double parking.

Crews are responsible for the removal of their rubbish – no littering.

Competitors will be held responsible for the actions of their crews.

Support Crews are not compulsory and runners can self-support at the event by making use of the drop bag service at checkpoints 2, 4, 5/9, 6/8, 7 and the finish line. If you do choose to use a support crew, they only permitted to assist runners at the following checkpoints in the table below.



# 105km

Checkpoint Location	Distance from start	from last	Cut-off time from last checkpoint	Spectators Allowed	Drop Bags	Pacers Start at these checkpoints
Ridgeline Trail Cp 1 Water Stop only	13 km	13 km		No	No	No
Mt Joyce MTB Park Wyaralong Dam Cp 2	24.7 km	11.7 km	5 hrs	Yes	Yes	No
Water Stop only CP 3	33.7 km	9 km		No	No	No
Mt Crumpet Cp 4	44 km	10.3 km	4.5 hrs	No	Yes	No
QMP Cp 5	54 km	10 km	2.5 hrs	Yes	Yes	Yes
The Dugandan Loop Of Doom Cp 6	61 km	7 km	2 hrs	Yes	Yes	Yes
Deliverance Cp 7	71 km	10 km	3.5 hrs	Yes	Yes	Yes
The Dugandan Loop Of Doom Cp 8	85 km	14 km	3 hrs	Yes	Yes	Yes
QMP Cp 9	92 km	7 km	2 hrs	Yes	Yes	Yes
Finish Lilybrook Recreation Area	102 km	10 km	1.5hrs	Yes	Yes	No





Checkpoint Location	Distance from start	Distance from last Aid Station	Cut-off time from last checkpoint	Spectators Allowed	Drop Bags	Pacers Start at these checkpoints
Ridgeline Cp1 Waterstop only	13 km	13 km		No	No	No
Mt Joyce MTB Park Cp 2	24.7 km	11.7 km	5 hrs	Yes	Yes	No
Waterstop only Cp 3	33.7 km	9 km		No	No	No
Mt Crumpet CP 4	44 km	10.3 km	4.5 hrs	No	Yes	No
QMP Cp 5	54 km	10 km	2.5 hrs	Yes	Yes	Yes
Finish Lilybrook Recreation Area	65 km	11 km	2 hrs	Yes	Yes	No



Free your feet



Checkpoints locations for spectators and crew. These are the only checkpoints spectators and support crew can access.

Start/Finish Line precinct. – Lilybrook Recreation Area (Western Trail Head)



## Checkpoint 2

To head to checkpoint 2 from Lilybrook Recreation Area, turn left onto Beaudesert Boonah Rd and continue until you come to Wyaralong Dam and turn left. Continue driving in right to the end where the mountain bike trails are. Park in the bitumen area and it is a short walk to the checkpoint.

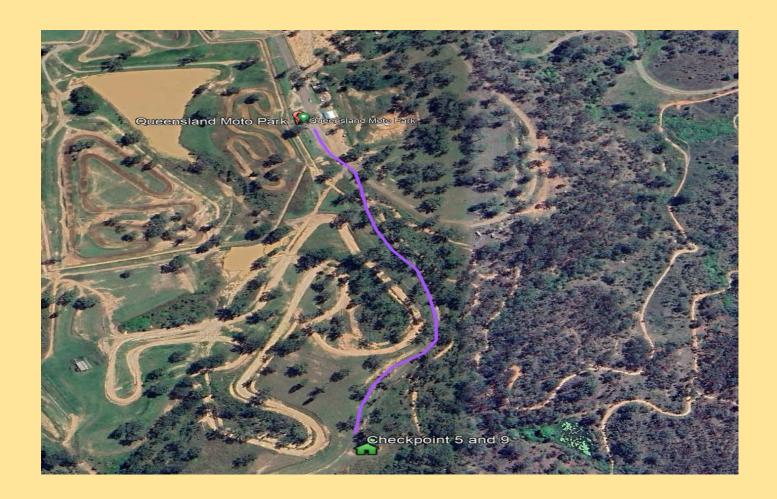




### Checkpoint 5 and 9 - QMP (Queensland Motor Park)

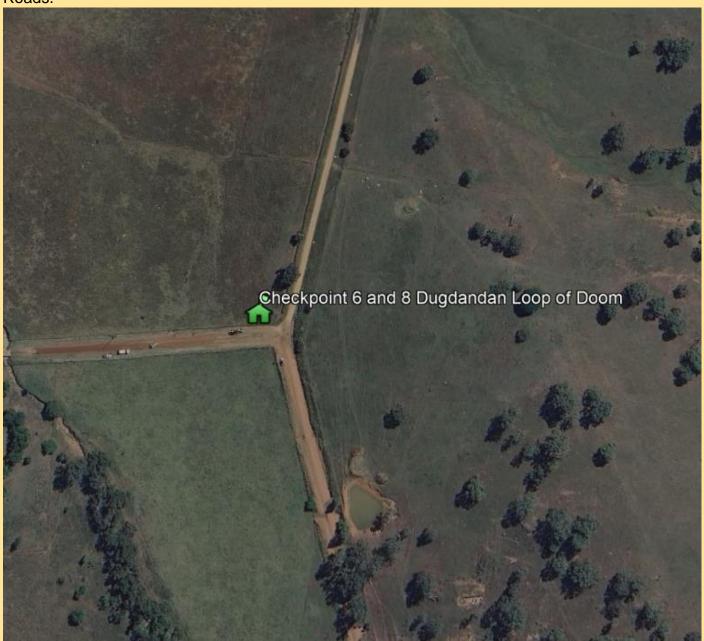
When leaving Wyaralong Dam you will turn right and head back to Queensland Motor Park (QMP), Goan Rd. When driving into the park, there will be motor bikes riding around the area, so please watch out for them and stick to the speed limit in the park. Drive past the café on your left and then past the office on your right and follow the road which goes through a gate and onto a dirt road until you arrive at the check point at the top of the hill.





### Checkpoint 6 and 8 - Loop of Doom

Leave Queensland Motor Park and turn left onto Beaudesert Boonah Road. Follow to the T intersection and turn left onto Ipswich Boonah Road and then turn left into Old Riffle Range road. Continue along until you hit Allandale Road and turn left and then follow along until you see the checkpoint at the T intersection. It is on the corners Geiger Rd, McConnell Rd and Allandale Roads.



#### Checkpoint 7 - Deliverance

Please disregard the checkpoint numbers on the below pictures. Checkpoint 5 and 7 is now 6 and 8 and check point 6 is now 7.

Please respect the speed limit along this road as it is an unsealed road. We don't want too much dust as the runner will be running along here.

Head back along Allandale Road for a few kilometers, turn left into Spletter Road, follow along until the end of the road and turn left into Milford Road. Milford Road transitions into Wimmers Hill Road. Follow that all the way up the climb until you hit Green Hills Road. Then follow Green Hills Road until you come to the checkpoint at the corner of Geiger Road and Green Hills Road.



