



FAQ'S

🏃 Can I get a refund? Transfer or sell my entry? Defer my entry to the the next year?

You can take out Refund Protect Insurance when you register. Otherwise, please refer the Conditions of Entry for Refund/Transfer details.

🏃 How to withdraw

The procedure is on the Condition of Entry.

🏃 Road shoes or trails shoes?

Your choice – in general, you can use a mix of both as the course dictates. See recommendations in the individual course descriptions.

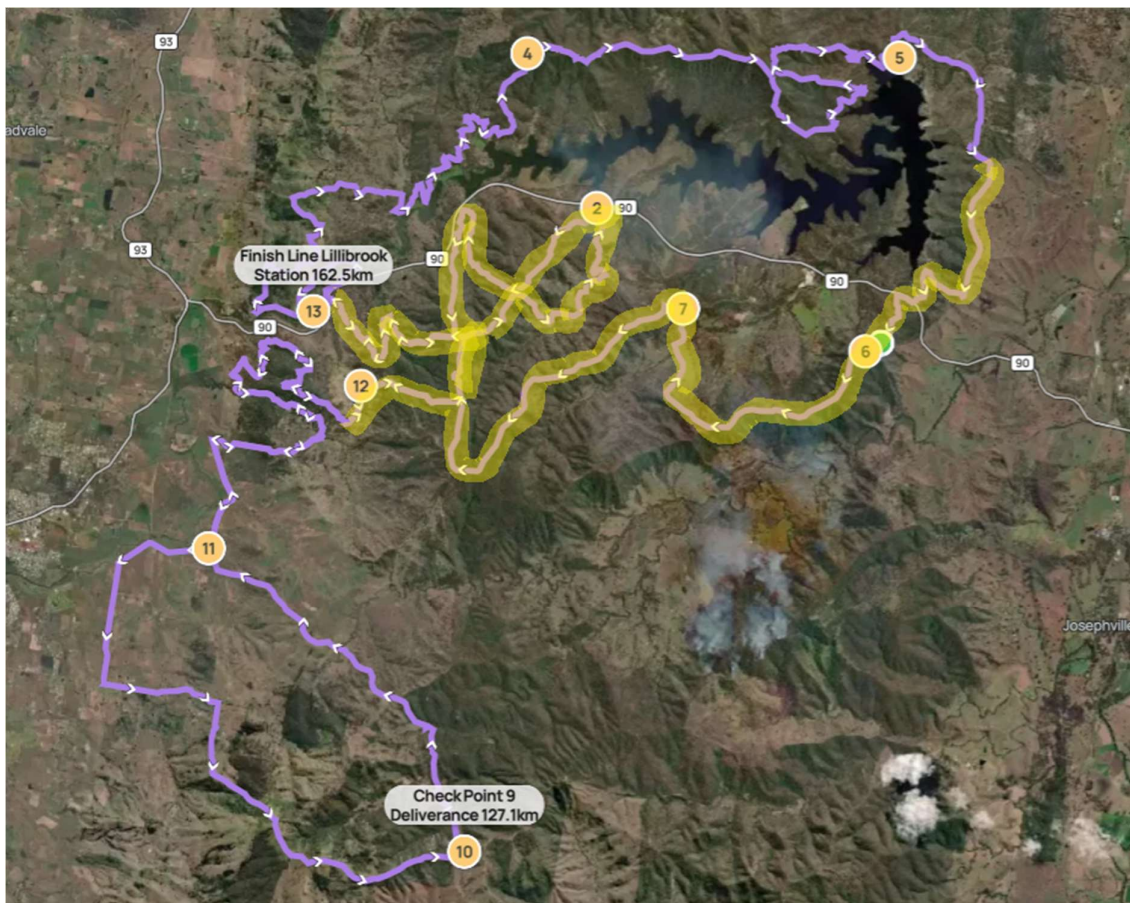
🏃 I am not sure if I can do this...

That's the whole point. This is not designed to be an event that you know with certainty you can finish. It is designed to be an adventure that will push many of you to run further than you have before. If you have completed a marathon previously, you are well on track to finish any distance of the Scenic Rim Ultra. You'll still have to train diligently though. If you have a history of tramping in the hills and have strong legs and endurance, you should be able to complete any of the ultra distances, even with little running background.

Can we run the course and train on it?

Only the sections of the course located on publicly accessible Seqwater land can be used for training. This includes the trails over Mt Joyce and around Wyaralong Dam.

The remainder of the Scenic Rim Ultra course crosses private property and is only accessible during the event. Please respect our landowners and do not enter any private-property sections to train or inspect the course. The yellow section highlighted below is on private property.



How do you mark the courses?

For the event, the course will be marked with directional arrows on a white background '→', and pink fluoro flags. There will also be reflective tape attached to some of the trees in the night time sections. You need to pay attention, especially at night, to follow these course markings.

🏃 Carrying water?

It is compulsory to carry at least 1.5L of water. Especially at the start of the race.

🏃 Compulsory gear

In the week prior to the race and at registration, competitors will be advised, and again at the pre-race briefing, what compulsory clothing and equipment items they must carry (based on the expected weather conditions). If there is little risk of bad weather, the most likely Compulsory Gear list will be A.

There are two compulsory gear levels:

- A. Standard Mandatory equipment
- B. Seam sealed waterproof jacket and thermal top.

Be prepared to bring B with you – just in case.