



Heels on 2 Wheels – Women’s only Gravity Enduro event

**Kooralbyn Valley MTB Park
Routley Drive, Kooralbyn
29th May 2022**

Event Details

Event Pricing

On Line Registration

\$65 for Adult and Ebikers

\$50 for Juniors U17 and under

On The Day Registrations will be available with an extra charge:

\$75 for Adults and Ebikers

\$60 for Juniors U17 and under

Event Schedule:

7:30am – Registration opens/bib collection

8:15am – Registration closes/bib collection

8:15am – Race brief – at the start/finish line. All riders must attend. It is a condition of your entry that you attend the briefing

8:30am – Race Starts

2pm – Event presentations (or when everyone is finished)

Everyone gets a participants medal when you return your timing band.

Race Start:

You will have 5 hours to complete all 6 stages of the course. You can do them in any order and as many times as you like.

The course is split into 2 main categories – the timed competitive stages and the transition stages.

There will be 6 timed competitive stages, all predominantly downhill and ranging in difficulty.

The goal is to race down the competitive stages and recording a time for each. Your fastest time for each stage will be counted and the fastest overall of all competitors will be declared the winner.

In between each competitive stage, is the transition stages. This will be predominantly uphill, and are for transitioning the riders from the end of the previous competitive stage to the start of the next one.

All riders have the opportunity to complete all stages in a reasonable time.

Beginners will complete stages 3, 4 and 5, Intermediate are to complete stages 1, 2, 3, 4 and 5 and

Expert are to complete stages 1, 2, 3, 4 5, and 6. If you like to complete the other stages, you can but the times will not be included in your overall tally.

You will have a timing chip that needs to be returned at the end of the race. If it isn't, you will be charged \$100.

Only registered racers may compete in an event. No kidding, you must be registered to race. An official race number plate must be displayed by each racer. The stages can be completed in any order.

Attaching Your Bike Number Plate:

Attach your bike number to the front of your bike using at least 3 ties, securely fastening in an upright position ensuring that can be easily seen from the front. Your Number should be *in front of the brake cables* and not wrapped around any part of the bike. The number cannot be altered, obscured, cut or de-faced. If the race number is not attached correctly there is a possibility that the time keepers will not read your number. It is your responsibility to ensure it is fitted correctly.

Protection Rules:

Full face helmets are not required, but we do recommend it. You can where a normal helmet is wish. We will have some that you can hire for \$10 on the day.

Juniors are to wear knee pads and covered elbows (long sleeves or elbow pads)

Smoke Free Environmental Act 2000 Law:

All On the Edge Events are smoke free. Spectator areas at sports grounds or other recreational areas used for organized sporting events it is not against the law in QLD to smoke.

Categories and Rider Age:

A rider's age is calculated on the day of racing for age grouping.

Race Categories

Beginners U13, U17, Adult 18-39 and 40+ and Ebike

Intermediate U13, U17, Adult 18-39 and 40+ and Ebike

Expert U13, U17, Adult 18-39 and 40+ and Ebike

Pausing or Abandoning the Race:

The race may be paused or abandoned due to extreme weather, emergencies or any other reason decided by the organizer. If the race is paused, all riders must complete the lap they are on and their time and laps will be recorded. If the race is then abandoned, that will determine the placings. If the race is resumed at a later time, then the riders will be started on their lap in a staggered start method, so that each rider has the same time off the bike due to the pause and there is no unfair advantage gained. There will be no refunds or other considerations if the race is paused or abandoned.

Withdrawing from the Race:

A rider may withdraw from race at any time. If they choose to withdraw, they must notify the event staff at the timing tent. A rider who withdraws is not allowed to rejoin or resume the race. They must remove their race numbers and cannot ride on the course for the remainder of the event. If they have completed at least one lap, they will be awarded a race result.

Medical Assessment and Assistance:

General first aid care during the race is provided by members of On the Edge Events, from the moment riders enter the starting area until they leave the finishing area. Interventions during the race can only be carried out in a stationery position. Riders must dismount from their bikes to receive medical assistance.

If you are injured and assisted back to the event center, then your lap will not count. Following treatment, the Race Director will make a decision on whether you are allowed to continue the race, based on available medical advice. The Race Director's decision is final and non-appealable.

The Race Director may remove a rider from the course for assessment if in the Race Director's opinion the rider is showing signs of extreme fatigue or other condition which may be detrimental to the rider or to other riders in race. Following medical assessment, the Race Director will either:

- Allow the rider to resume racing,
- Mandate a rest period before the rider can resume the race, or
- Withdraw the rider from the race

This decision is the sole responsibility of the Race Director and is non-appealable. There will be no compensation for the rider for the time taken for the assessment process.

Race Finish:

There will be a 1st, 2nd and 3rd for each category for overall.

All decisions made by the race director are final. Protests must be made within 15mins of results being posted

Presentations:

Will be held at approximately 2pm for all competitors in the transition area.

We encourage all participants to mingle round after the event as presentations. Event winners will receive something special and different reflecting the local area to congratulate them, and follow a random prize draw with lots up for grabs that have been kindly donated you must keep your bib and be present to win these prizes

Food:

Please bring your own race food nutrition. Limited water will be available. The Pavilion Tavern will be open from 11am for food as well.

Toilets:

Toilets will be provided.

Parking

Event parking will be provided.