



**TMBC RANGE 8**  
**Jubilee Park Trails Toowoomba**  
**21<sup>st</sup> July 2024**

**Event Details**

The 8hr race starts at 7am on the 21<sup>st</sup> July and finishes at 3pm.

**Event Pricing**

Solo \$60 (categories Open, 19-29 yrs, 30-39yrs, 40-49yrs, 50-59yrs, 60+ and Single Speed, Ebikes)

4 Person Team Junior U17 (15-16 years) \$140

2 Person Team Junior U19 (17-18 years) \$80

4 Person Team Junior U19 (17-18 years) \$140

2 Person Team (including male, female, mixed and ebike) \$110

4 Person Team (including male, female, mixed and ebike) \$200

4 Person Family Team (2 adults and 2 kids min age 15) \$160

There will be an additional \$10 charge for on the day registrations.

**Registration Number Pickups:**

Sunday 21<sup>st</sup> July 5:30am – 6:45am

At registration you will pick up your race number and timing band.

**Compulsory Rider Briefing:**

Is at 6:45am before the race start, at the transition area. ALL riders must attend. It is a condition of your entry that you attend the briefing.

### Race Start:

Riders will commence at 7am. Riders will line up and self-seed before the start. All solo 8hr riders & one team rider from each team will start together.

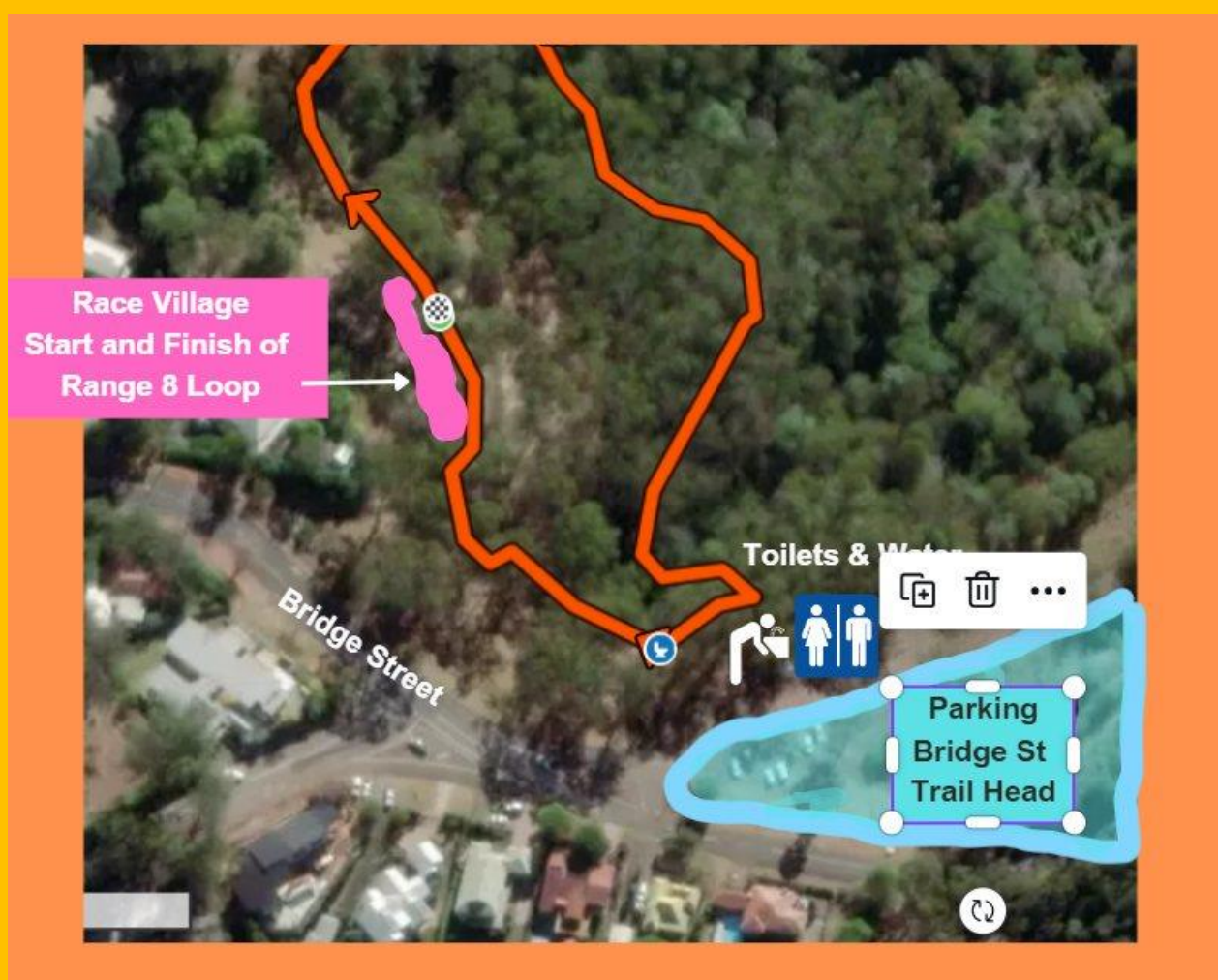
Riders will continue to lap the course for 8hr. The rider/team with the most number of laps wins. If rider/teams have the same number of laps, then whoever finishes those laps in the quickest time wins. Teams ride in a relay fashion with only 1 rider from a team on the course at any one time. You can stop riding at any time and have a break. Teams must swap with teammates in the allocated transition zone, after the timing tent to receive a valid lap time. This will be marshalled and failure to follow the rules will result in a Timeout penalty. Riders not completing the full 8hrs will not DNF but must notify the timing crew.

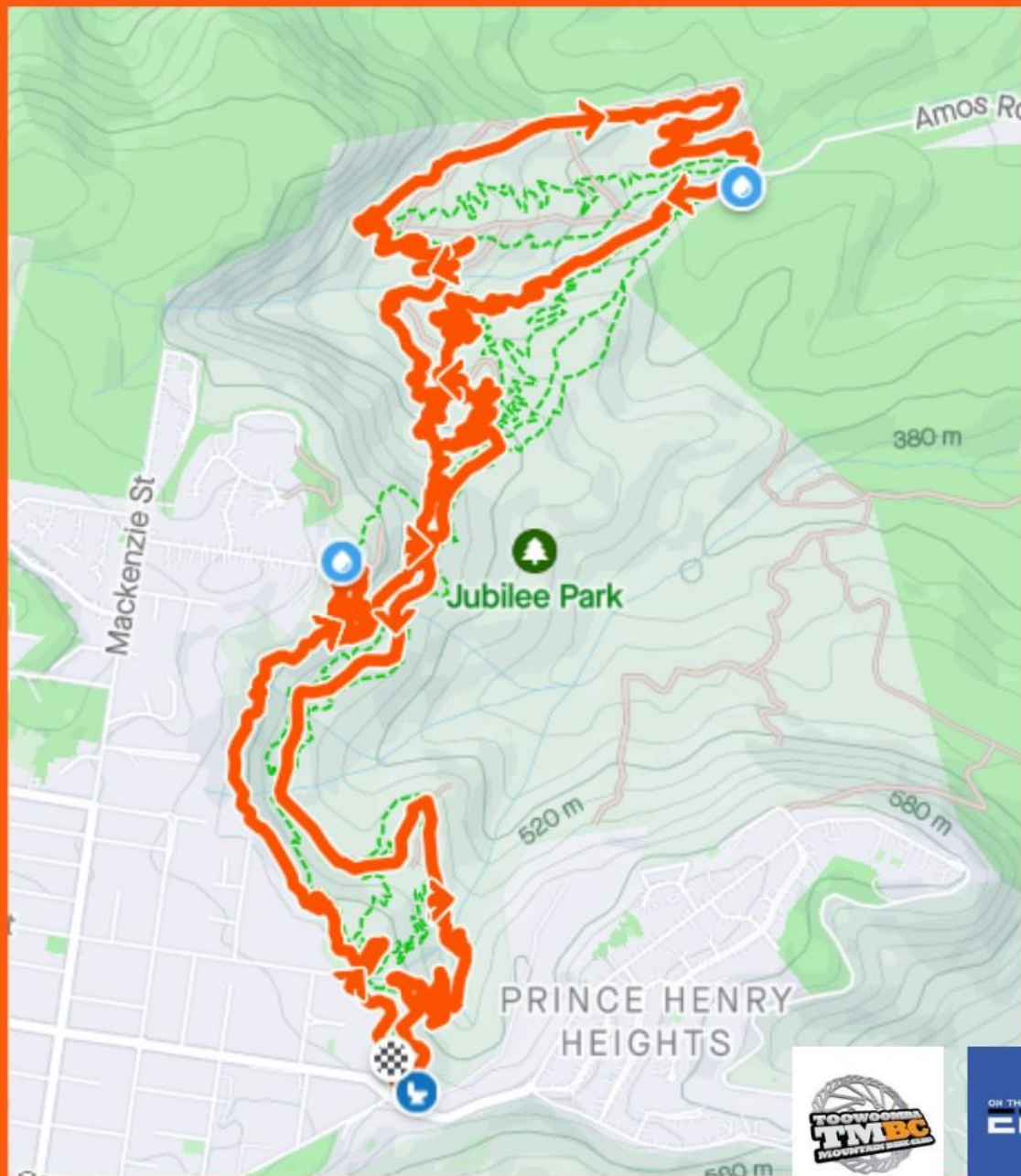
### Transition:

For all teams a dedicated transition zone will be a bunted area of the side of the main racetrack. Riders must dismount and pass the timing band to next rider who must be off his bike. When the new rider has the timing band, they walk to the edge of the track and head off. This is something a bit different and a bit of fun. You are not allowed to ride through transition, however, please be aware of other riders who are continuing onto another lap. Leave the transition quickly & don't block the area.

### The Course:

The course is a loop of approximately 14.95km ridden clockwise. It is a mixture of fire trail and 99% single track. Any intersection with tracks which are not part of the course will be "bunted" off or have ribbon hanging from trees on course. You will not need to make any navigational decisions.





**Checkpoints:**

There are various checkpoints set up around the course. Some will be manned full time and others will be just random checks. There are some obvious points where cheating could occur. These will more than likely have someone keeping an eye on issues and may be under surveillance! Just because you cannot see someone, it doesn't mean they can't see you.

**Complete Laps:**

Once on the Course you must complete a full lap. If you have a mechanical problem, do not come back to the event village in the reverse direction as your lap will not be counted. You must continue in the direction of the race and exit at the nearest fire road and make your way to the nearest assistance point.

### **Parents/Guardians of Juniors racing:**

All teams that have junior riders (U18) must always have at least 1 parent/guardian on site during the events. Teams with more than one junior can have parents/guardians supervising in shifts but there must be always someone on-site. This will be closely monitored by the club – if a team does not have a responsible adult on site, they will not be permitted on the course and could be asked to stop riding until a guardian is confirmed as being present. Parents/guardians can also participate in the race as either a solo rider or team member as they will still be on site during the event.

### **Medical:**

Professional medics have been contracted to provide medical services. If you come across an injured rider out on the course, please stop to check if they are ok. The next rider to come along should then inform the next check point. Checkpoints have a phone to contact the main precinct and the medics will be sent out. Riders on course should give way to medical vehicles.

### **Attaching Your Bike Number Plate:**

Attach your bike number to the front of your bike using at least 3 times, securely fastening in an upright position ensuring that can be easily seen from the front. Your Number should be *in front of the brake cables* and not wrapped around any part of the bike. The number cannot be altered, obscured, cut or de-faced. If the race number is not attached correctly there is a possibility that the timekeepers will not read your number. It is your responsibility to ensure it is fitted correctly.

### **Racing:**

#### **Bikes and Equipment**

Your bike must conform to the UCI general rules for mountain bike racing. Electric bikes or power assisted bikes are not allowed.

You are allowed to use any number of spare/replacement bikes in the race, and you must change your number over to the other bike.

### **Helmets:**

International Standards approved bicycle helmets must be always worn while riding a bike during competition and practice. The following helmets are accepted: AS/NZ 2063, ANSI Z90.4, SNELL B or N Series, ASTM F-1447, CAN/CSA-D113.2-M, US CPSC standard for bicycle helmets, European CEN standard EN1078. Failure to meet this requirement may result in immediate disqualification from the event. Damage helmets must be replaced. Skate style helmets are not approved for this race. The mounting bracket for a helmet-mounted camera must not compromise the structure of the helmet. For example, it can be attached by straps, Velcro, or glue – but it cannot be bolted to the helmet. It is up to you as a rider to follow QLD bike laws.

### **Right-of-Way, Passing and Being Passed:**

A rider walking their bike must give way to a rider who is riding if you are walking your bike; make sure you leave plenty of open tracks for the other riders.

The rider being overtaken has right-of-way (unless they are walking their bike) until the overtaking rider is past and clear by one bike length.

If you want to pass the rider in front on a single track, call out "TRACK".

When the rider in front feels it is safe to pass, they will pull over to one side and call "PASS". They may also call out "ON MY LEFT / ON MY RIGHT".

Let the rider in front know what you are doing by calling "ON YOUR LEFT / ON YOUR RIGHT". If there will be more than one rider passing, let the rider in front know that as you pass them by calling, for example "TWO MORE COMING THROUGH".

If you do not make this call, the rider in front will assume you have decided not to pass and will return to the center of the track.

The rider in front is under no obligation to let you pass, but slow riders and lapped riders should not delay faster riders unless it is unsafe to let them pass. Remember, if you are the overtaking rider, the conditions you feel are safe may not be considered safe by the rider you want to overtake. They may be less experienced than you, or they may have seen something on the track that you have not. Overtaking is not allowed on bridges or constructed ramps.

### **Smoke Free Environmental Act 2000 Law:**

All Events are smoke free. Spectator areas at sports grounds or other recreational areas used for organized sporting events, it is not against the law in QLD to smoke.

### **Categories and Rider Age:**

A rider's age is calculated on the day of racing for age grouping & the term General Classification means all riders.

### **Pausing or Abandoning the Race:**

The race may be paused or abandoned due to extreme weather, emergencies or any other reason decided by the organizer. If the race is paused, all riders must complete the lap they are on, and their time and laps will be recorded. If the race is then abandoned, that will determine the placings. If the race is resumed later, then the riders will be started on their lap in a staggered start method, so that each rider has the same time off the bike due to the pause and there is no unfair advantage gained. There will be no refunds or other considerations if the race is paused or abandoned.

### **Carrying Items during the Race:**

iPod or other musical playing devices are not permitted for riders while on course. Riders are permitted to carry mobile phones or 2-way radios on course, but they must not use earpieces, and the riders must stop and pull off the course when they use them. Riders are not allowed to wear helmet cameras, fitted either to their helmet, body or bike, in practice and during the race. The mounting bracket for a helmet-mounted camera must not compromise the structure of the helmet. For example, it can be attached by straps, Velcro or glue – but it cannot be bolted to the helmet.

### **Withdrawing From the Race:**

A rider may withdraw from the race at any time. If they choose to withdraw, they must notify the event staff at the timing tent. A rider who withdraws is not allowed to rejoin or resume the race. They must remove their race numbers and cannot ride on the course for the remainder of the event. If they have completed at least one lap, they will be awarded a race result.

### **Race Finish:**

The fastest rider to complete the laps required will determine the winner. You can go out up to 30mins before the cut off and that lap will be counted. The race will finish in front of the timing tent.

### **Presentations:**

Will be held at approximately 3:30pm for all competitors in the transition area.

We encourage all participants to mingle round after the event as presentations. Event winners will receive something special to congratulate them, and follow a random prize draw with lots up for grabs that have been kindly donated you must keep your bib and be present to win these prizes.

**Food:**

Please bring your own race food nutrition. Limited water will be available.

**Toilets:**

Toilets will be provided.

**Parking**

Event parking will be provided.