

Rebecca Poole



Let's see, a friend said I should buy a bike back in 2017 after not riding since school (bmx). That weekend I had a bike, had fun for 8km then couldn't walk for 3 days. Flash forward a year and joining the rats cycling club, (duel suspension by now) and meeting some wonderful people, privileged to call them my friends, they told me racing was fun and to try it. You don't have to win to have fun, so I started participating in local xc races around the area. I found the race atmosphere electrifying and so enjoyable, being able to push past personal limits during a race was so satisfying, as I began to see improvements in my pace, abilities and limits which then led me to podium in my class over the next 2 years at several different events. I've always set myself personal goals to achieve more than anything, so this year (2020) was to try enduro and go from there, after several people recommended, I give it a go. I put feelers out as I didn't want to do it alone and because of that I've met some super amazing people who have helped and supported my journey thus far. My 1st ever enduro at Kooralbyn was an absolute blast, I haven't looked back since. And being able to place 2nd female overall was a huge bonus. I was back the following weekend just to ride the trails again for fun to see if I could improve the time I got during the race. Can't hide the fact I'm quite competitive towards myself. Since then I have entered a few local enduros and have podiumed in my category in all events. What I really enjoy the most about enduros is the technicalities it offers, it can be as hard or easy as you make it, you get to control your own flow. I'm far from elite, but learn from setbacks, give it my all and have some fun. I don't really have huge goals or apparitions like others. Still early days on the bike for me, more like personal goals to reach and overcome, while continuing to support and hopefully inspire fellow female mtbers in their journey, as was done for me.